

Get To Know Your PACE Nurse Practitioner



## Balwinder (Bindu) Shukla, FNP-C

InnovAge Colorado PACE

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“My objective is to provide comprehensive, personalized care for participants. I treat them as I would treat any member of my family”

— Bindu Shukla

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Bindu earned her Master of Science Nursing, Family Nurse Practitioner-Certified degree at Cal State University in San Marcos, CA. She is board certified in Family Practice by the American Association of Nurse Practitioners.

Prior to seeking her advanced education as a nurse practitioner, Bindu worked for 20 years as a registered nurse in the United States and other countries. She worked at Scripps Health and at the San Ysidro Health PACE program; both are located in San Diego, CA.

Bindu is married and has two sons. She is passionate about nutrition and cooking plant-based meals. She and her family like gardening, watching documentaries and travelling. Bindu spent her childhood in India. She lived in California and Nevada before moving to Colorado. Bindu speaks Hindi, Punjabi and Urdu.

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